

Prenatal & Parenting

2012 Schedule

All classes are held at the Gallatin City-County Health Department

Located at 215 W Mendenhall in Bozeman

To register for a class or for more information, please call 582-3100

Classes are free & last approximately 1-1/2 hours

Breastfeeding

Establishing & maintaining breastfeeding
Benefits of breastfeeding for mom & baby
Common questions & concerns
Community Resources

January 18th at 6:00pm

February 22nd at 6:00pm

March 21st at 6:00pm

April 18th at 6:00pm

May 16th at 6:00pm

June 27th at 6:00pm

Labor & Delivery

Signs & stages of Labor
Positioning & Relaxation
Hospital Routines

January 11th at 6:00pm

February 8th at 6:00pm

March 7th at 6:00pm

April 11th at 6:00pm

May 9th at 6:00pm

June 20th at 6:00pm

Enjoying Your Newborn

Newborn characteristics
Physical & emotional needs of mom & baby
Tips to guide you thru baby's development

January 3rd at 6:00pm

February 7th at 6:00pm

March 6th at 6:00

April 3rd at 6:00pm

May 1st at 6:00pm

June 5th at 6:00pm